Wei-wu-erh ladies bother with the convention of the veil, however, and some merely keep it thrown off the face and trailing down the back.

Good food is the watchword of the Wei-wu-erh of Kashgar, and his restaurants and shops are well provided. An abundance of melons, mulberries, plums, pears, pomegranates, peaches, and apricots, are seasonably available; and they are sold from open stalls in the local bazaar. *Manin*, a dish of small meat dumplings, is a favorite repast, and there is also an abundance of steaming soups, fresh salad greens, and a local style of doughnut. The principal diet is, however, mutton and rice. This is accompanied by cooked onions, turnips, spinach, or potatoes. The common man usually partakes of only two meals a day, but feasts have been known to begin in early morning and to end only at sunset. What delightful, varied-tasting Chinese dishes can be served at Kashgar banquets! A few samples of such festive dishes are: ducks'-egg soup, stags' tendons, sharks' fins, bamboo shoots, wild duck, preserved eggs, all manner of pungent sauces, roasted mutton, sweet-sour fish, and many, many kinds of chicken—boned, broiled, roasted, fried in quarters, chopped, and sliced and fried in strips.

There are also many types of Wei-wu-erh entertainment. In the narrow streets a fortune-teller, sitting cross-legged, will ever be ready to promise good fortune for a few cents. The tea-shop, where the Wei-wu-erh, unlike the Han Chinese, drinks his tea with sugar, is another congenial spot. Theaters were for a long time unknown, but a Chinese performance is nowadays a pleasant diversion; and Soviet motion pictures have also been brought to town. There is dancing, too, but it is not the kind common to the Occident; and it is for the men. Only in rare instances do the women join in the dance. Kite-flying is popular with the young Wei-wu-erh, while the most strenuous sport for the adult is the game of *ulagh*. This is played on horseback in teams and has a distant resemblance to polo; the object, though, is to retrieve the carcass of a goat or a sheep. It is a wild, uproarious, racing *melee*, and the source of endless excitement and laughter.

"Han" Chinese

Tu Chung-yüan states that the "ruling" Chinese (he calls them "Han" by way of contrast to the rest of the population) constitute about

of the average Chinese seems to be fatalistic, considering Providence or Heaven to determine his fortune in life. In general, the average Chinese is rather indifferent in religious matters, although he might be sensitive if someone looked askance on his belief in local spirits, demons, and gods, but this is merely a matter of tradition rather than religion.

The Chinese is strongly individualistic and usually dislikes to be ordered around and governed; he ardently defends his own opinions. His inclination for social groupings is obvious. Wherever Chinese live, they soon form integrated communities and at times of distress or in critical situations they are ready to help each other collectively, a characteristic tendency found especially within the extended family, which as a rule feels itself responsible as a whole for debts, misdeeds, etc., of any member. The Chinese are reported to be basically anti-militaristic, although this may be more a traditional attitude of the literati than a sound fact, considering only the last fifty years of Chinese history. However, a Chinese proverb says, "From good iron do not make nails; from good men do not make soldiers." To toil his fields in peace, to make a living this way, and to raise his children, whom he deeply loves, and not to be interfered with by state and government, can be described as the average conception of the "good life." The average Chinese of the Northwest lives in simple mud or stone houses (in the Yellow River area, caves of the adjacent loess hills), stove, k'ang, and ancestor altar being almost the only furniture.

Culture, art, and literature were primarily fostered by the richer merchants, land and water owners, and, or course, the officials and scholars. These groups represented, up to 1949, an economically powerful class who owned a considerable part of the land and the water rights. Chinese officials of the frontier provinces had a reputation for being extremely money-minded. The Chinese gentry, consisting of former officials and degree holders, who were in many cases at the same time holders of land or watter rights, have been abolished as a class, while large parts of the academic strata, the intelligentsia, became more or less the Communist avantgarde of China, showing the same phenomenon which appeared in Yugoslavia, Bulgaria, Czechoslovakia, Italy, etc., before and during the Second World War, where the intelligentsia showed a deep inclination towards Communism.

In regard to the nomadic minorities of the Northwest (Kirghiz, Kazakhs, Mongols and Tibetans) the dominant social motives are two fold, and can be subdivided into an economic and a religious one, equally strong. The whole economic life of the nomads is centered around their livestock. The nomad's life

000 before his father-in-law, it must be as a stranger. At this
563 stage, if the bride has proved to be unfaithful, the boy's father
586 may demand the bride price back and break off the marriage.

563 When the tent is finished, the bridegroom takes it and his
591 bride to his own home. If, after one year, the bride finds her
586 married life unsatisfactory, her father may return the bride price to her husband and the couple is divorced.

4. Work and leisure

563 General work around the tent is done entirely by women. The
462 women are strong, healthy, and energetic workers. They not
181 only do the housework, but they also milk the yaks, sheep, cows and goats, weave rugs, make rope and build and pitch the tents. Men, though strong and able to endure great hardships, incline
[517] toward indolence. They like to play the guitar far into the night.
[534] Nevertheless, they also have work to do. They cultivate the barley fields and look after the safety of the flocks and herds on the steep mountainsides.

563 The Kirghiz are sports-minded. Their most common game is
526 baiga, in which the carcass of a sheep or goat is the object of contention. Forty or fifty contestants, mounted on strong horses, strive for possession of the carcass. It is every man for himself. One man dashes forward with the carcass and the others pursue him, trying to tear it away from him. If he is unhorsed, by fair means or foul, he must yield up the trophy. A fast, furious, dangerous game, the Kirghiz love it. In it they display their remarkable horsemanship.

563 The Kirghiz love music and dancing. Only the men dance. The
535 music is provided by a dulcimer, a native banjo and a drum, and
534 much form and ceremony are involved in the dance.

D. The New Uighurs

563 1. The people

The New Uighurs are also called the Eastern Turks. They
[162] comprise about seventy per cent of the population in the southern
[131] part of Sinkiang Province, and some live north of the Tienshan Mountains wherever the soil is fit for agriculture. They are a farming people.

563 The New Uighurs are noted for their gentle character, their honesty, hospitality and complaisance. Criminal offenses among
181 them are very rare; they look upon such crimes as murder,
[674] arson and robbery with a sort of horror. Their houses are never
[342] locked, and their grain is stored in outside repositories.
[251] They are a people who love to make music. Their most com-
[534] mon instruments are the dotou, a two-stringed guitar, a six-stringed mandolin and the tambourine. Boys and young men sing
563 wherever they go, and there are singing beggars and wandering
533 minstrels. The people have love songs, ballads, comic ditties,

/The New Uighurs/

563 Yengi-Yil (New Year).

796 Rōse-hāyt, a solemn holiday, is celebrated in the ninth month according to the Moslem calendar, and lasts three days. The [785] holidays follow the thirty days of Rōse fast, which resembles the Ramadan fast discussed previously. During the three days, everyone stops work and visits friends and relatives. In each [574] household, guests are served meats, boiled eggs, fruits, all [262] kinds of cakes and sweets, and tea.

Kurban-hāyt is also a three-day holiday. On the first day, the orthodox go to the mosques at sunrise and pray for two [184] hours. After they return to their homes, every adult male in a [782] rich family kills a sheep. Among the poor, only the head of the [785] house kills a sheep. These sheep are sacrificed to Allah, who, they believe, will make their journey to the Garden of Eden easier after they die. Then there is celebration and feasting. Musicians play all day long in the streets and bazaars, while both men and women dance.

Yengi-Yil, the New Year, begins with the first lunar month, and is also celebrated for three days. No services are performed in the mosques at this time. Musicians play, and there are singing, dancing and feasting throughout the community. It is the custom for women to sing on swings constructed for the occasion in the bazaar.

563 Nazara is a celebration observed by the wealthy in connection 796 with weddings, birth and circumcision. The host holds open 184 house for his friends, and gives bread and meat to the poor. As [735] the rich are enjoying the host's hospitality, the poor are clustering at his gate awaiting the distribution of food. Each receives a large loaf of bread and a slice of meat, and is expected to call down the blessings of Allah upon the benefactor. The hospitality and charity extended by the host are considered to enhance his merit.

6. Leisure, music and dancing

563 When the crops are gathered and the field work is completed, 517 both men and women like to visit the bazaars in the neighboring 533 towns. They go for the entertainment, and for the news and gos- 535 sip circulating in the bazaar. The well-to-do give evening parties for their friends and relatives, and always there is an orchestra at the party, to play for singing and dancing. According to custom, only two persons dance at a time. They dance slowly and smoothly, with no quick or lively movements. Their dancing is very graceful, but monotonous. Party refreshments are cold meats, pastries, fruits and tea.

563 Although most of the New Uighurs lead a hard and humdrum 517 type of life, they become gay and animated when they sing and listen to music. They exploit every possible occasion to have a good time—weddings, birthdays, circumcisions, even ablution

S 563 K 517 rites. Even the poor give Tomashan, evening parties, to enjoy themselves.

S 563 K 624 554 577 7. Guardians of national customs

In Sinkiang, as in most Moslem communities, there are Sheikh-I-Islam, or guardians of public customs and morals. The people elect them, and their title is sanctioned by the district Khukum-Kazay. They receive no pay, but they are accorded honor and respect. Their duties are to guard over the morals and customs of the people, and to inspect the quality of goods sold in the bazaars and protect the consumers' interests. In the old days, the Sheikh-I-Islam were also to see that the women veiled their faces and that the men attended the mosques.

E. The Kazakhs

S 563 K 173 1. The people

The Kazakhs are one of the important peoples in Sinkiang Province. They and the New Uighurs are often referred to as people of one origin. According to legend, the early ancestor of mankind had two sons. One was timid and mild, the other tough and quick-tempered. The timid son was diligent in farming, but the other had no interest in cultivating the land, so he was driven away from home. The son who stayed on the farm became the ancestor of the New Uighurs; the other, of the Kazakhs. Another legend has it that the Kazakhs of Sinkiang are descendants of the younger brother of Chingis Khan.

S 563 K 526 [731] [241] The Kazakhs are nomads who have settled in the northern part of this region, northwest of Ili. Few of them farm. They are noted for their horsemanship. Children begin riding when they are very young, and little boys and girls are fastened to their parents' horses so they will become accustomed to all kinds of techniques, tricks and fast riding.

S 563 K 771 782 The people belong to the Islam faith. Because of their nomadic way of life they have few mosques. They pray at definite times, wherever it is convenient, always standing to face Mecca.

2. Patterns of living

a. Dwelling

S 563 K 221 As the people lead a nomadic life, they have definite periods in the yearly cycle for moving their tents. During the summer they journey from one pasture to another; in autumn they are busy shearing the sheep, stringing the hay, harvesting crops and preparing their winter quarters; the winter is the time for rest and relaxation.

S 563 K 342 During the summer they need light-weight tents. The shape of the Kazakh summer tent is similar to that of the Mongols, except that the Mongolian yurt has a round top and the Kazakh tent has a curved tip. This difference can be noted from afar.

The winter dwellings of the Kazakhs are permanent buildings

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ARTISTIC AND INTELLECTUAL EXPRESSION

I. The Turkic Peoples of Sinkiang

A. General Introduction

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The artistic and intellectual expressions of the peoples of Sinkiang vary greatly from those of the people of China proper. The culture of the Eastern Turkis is influenced greatly by Islamic civilization, and constitutes a culturally integral part of Turkestan as a whole.

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The artistic and intellectual creative achievements are contained in the vast written and oral literature of the Turkic people, in their extensive folklore, folk music and dance. The arts of painting and sculpture are a tradition of the past, and have scarcely been practiced since the conversion of the Turkic people to Islam. Turkic theatre, with the exception of shadow theatre, was virtually unknown in Sinkiang prior to the Communist era. The Communists have introduced dramatic art into Eastern Turkestan, the modern theatrical productions being on the Soviet model for drama among national minorities.

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"Unfortunately, contact with Europe and the natural intercourse with the neighboring state of Russia are gradually destroying these beautiful arts and crafts which have been preserved here from earlier times" (Le Coq, Albert von, Buried Treasures of Eastern Turkestan, p. 41). Most of the various forms of art and intellectual expression of the people of Sinkiang are today in a state of decline. The contact with industrialized Russia and the intellectual atmosphere created by the Communist regime have produced unfavorable circumstances for the further development of the Eastern Turki artistic and intellectual expression. The important works of art are to be found in the already accumulated artistic creations.

B. Turkic Literature and Oral Art

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The literary heritage of Eastern Turkestan is not limited alone to the works produced in this geographical area, but encompasses also much of the Turkic literature produced in other parts of Inner Asia as well as much of the Islamic literature. Little of the Eastern Turki literature is completely original and particular to this area alone; most of it being the common heritage of the Turks as a whole and some of it common to the other believers in Islam.

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The earliest important literary achievements known to us in Eastern Turkestan were written in the Uighur language and date back to pre-Islamic times. These literary documents are re-

/Turkic Peoples of Sinkiang/

286 Khotan is the most famous of the cities in Sinkiang in the
531 production of the famous oriental rugs, in needlework and also
199 in metal works (Kashgar and Yarkand are also important centers of rug weaving). The design of many of the rugs is a most interesting mixture of Persian and Chinese styles. The whole treatment is unmistakeably Persian, though many small details are Chinese. The same blending of the Far with the Near East is found in the beautiful embroidery of Khotan. The stitch chiefly used in the embroidery is the Turkish chain stitch, which is not found in the embroidery in China, but the wave and cloud patterns, the butterflies and some of the flowers are definitely of Chinese design. Khotan is also famous for its craftsmanship in brass and copper household utensils decorated with
328 elaborate floral designs in pierced metal work.
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286 Kuch in the north has been famous for generations for the
294 gold and silver embroidery on velvet. Women's indoor caps are
531 the chief article of manufacture. The design as a whole is Per-
[199] sian, but the use of circular medallions in embroidery on robes is a Chinese device.

53 There has been a tremendous decline in all these works of
517 art and articrafts in the present century, mainly because of the
199 availability of factory-manufactured cheap objects of daily use,
198 from both Russia and China proper. Thus, the carpets of Khotan and the surrounding country are slowly disappearing, and their quality has gone down. The expensive handmade items are replaced by the cheap materials provided by modern industry. The class of artists and artisans has declined, since it is impossible for them to compete with new imported products.

517 The artistic expressions inspired by the new Communist re-
532 gime are totally different from the old indigenous ones. They
199 center around paintings and statues glorifying the present-day
668 leaders, and describing episodes from the life of the newly "liberated" working class. Nothing could be more foreign to the spirit and traditions of the Eastern Turkis.

E. Music and Dance

533 The taste for music and dance is highly developed in Sin-
529 kiang, and it constitutes the main means of entertainment for important social occasions. There are professional musicians (maghmatchi) organized in bands of three or four individuals, available for hire. At many public feasts, a band is hired for entertainment. The musicians chant as they play their instruments. The tunes are simple, composed primarily for accompaniment to the dance, or, more often, improvised. To the Western-trained ear, both tune and rhythm are monotonous.

534 Most of the musical instruments used in these bands are of
[199] Persian origin. Grenard lists the following instruments:

Doutar—a long guitar with two strings.